

SIP & MEET
5 VINEYARD VENUES

SPOTLIGHT
DALLAS' STATLER HOTEL

SPA RETREATS
TREAT YOUR TEAM

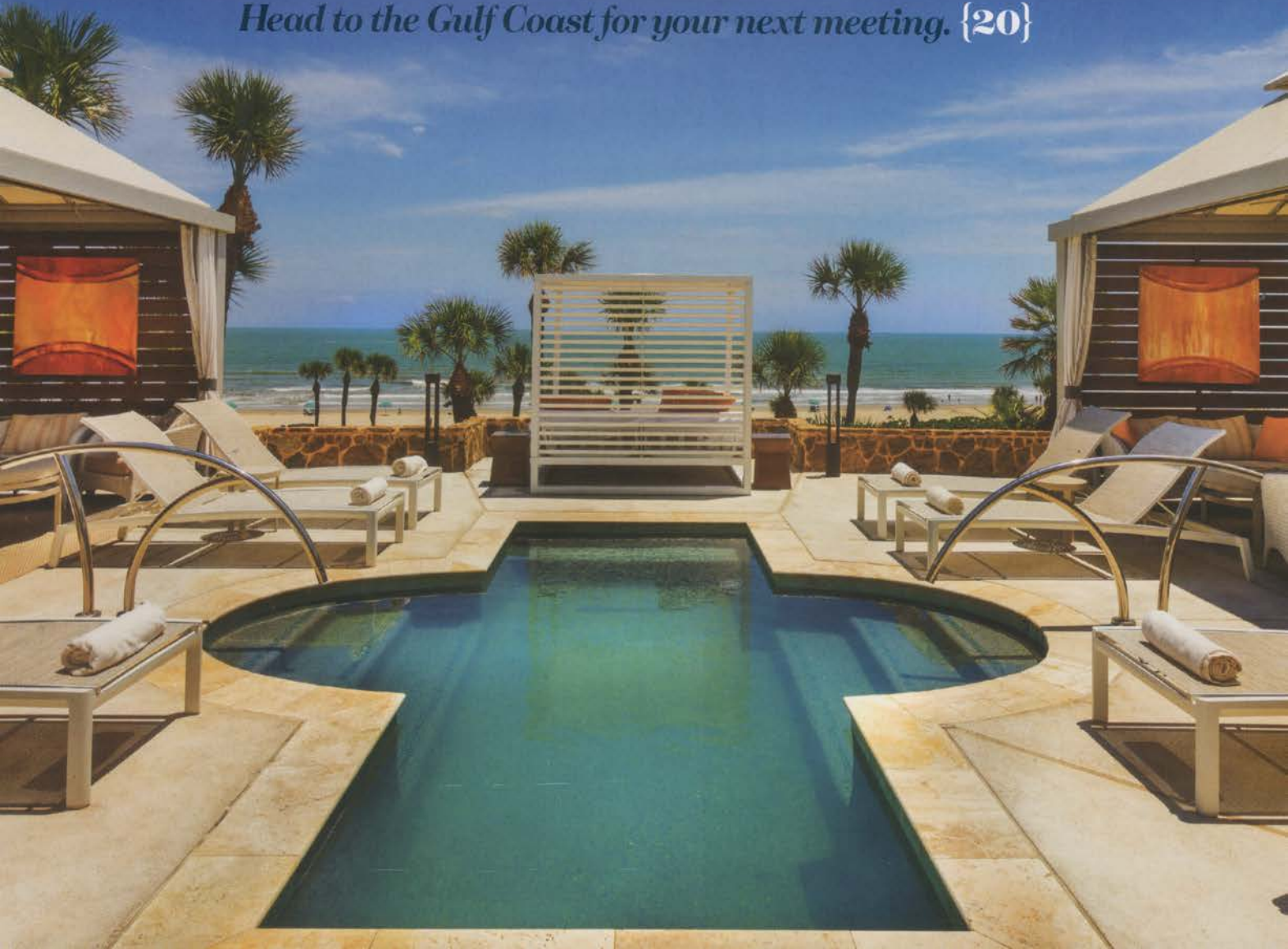
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GALVESTON BOUND

Head to the Gulf Coast for your next meeting. {20}



Recharge at a Lone Star Spa

In 2021, the focus is on wellness. In Texas, there's a spa for that.

BY TERESA KENNEY



La Cantera Resort & Spa is home to Loma de Vida Spa & Wellness.

» THE LAST TWO YEARS have been, to put it mildly, challenging. Showing your team some appreciation for a job well done with a little spa pampering will allow them to relax and regroup together. Whether you're looking to make a day, weekend or week of it, Texas has a spa retreat to suit your needs.

MAKE A WEEK OF IT

San Antonio's **Loma de Vida Spa & Wellness** is set within a peaceful sanctuary surrounded by the natural beauty of Hill Country. The full-service, 25,000-square-foot spa features everything from traditional offerings like massages and facials to experiences that

are indigenous to the area. In addition, spaces, such as the Sky Loft treatment suites and an infinity edge pool, encourage mindfulness, reflection and face-to-face connections. The spa is part of La Cantera Resort & Spa, which offers 496 rooms, an adults-only floor with valet and concierge, the secluded Villas with 34 guest rooms and suites, and 12 on-site dining options. Additional amenities include two golf courses, five heated pools, and 115,000 square feet of event space for awards programs, VIP gatherings and more.

MAKE AN AFTERNOON OF IT

With delicious-sounding treatments, such as Chocolate Bourbon

Pecan Pie Foot Ritual, Pumpkin Spice Mousse Massage and Cider Sangria Facial, you know you're in for a treat at **Vivian's Boutique Spa in Dallas**. The day spa goes the extra mile to make you feel special: from the custom-designed and craftsman-built pedicure chairs to the granite-topped manicure table, no detail is overlooked. You can even get a Green Tea & CBD Hydrating Hemp Facial, which promises to make you look "lit from within." No wonder it's been named one of Dallas' best day spas by *D magazine*.



The infinity-edge pool at La Cantera (top); The Spa at The Post Oak Hotel

MAKE A WEEKEND OF IT

Transformative healing is on the menu at **The Spa at The Post Oak Hotel** in Houston. The 20,000-square-foot spa's services are inspired by the diverse heritage of Houston and the anti-aging rituals of ancient cultures. In keeping with its mission, the spa only works with vendors that source environmentally friendly ingredients and responsibly manufacture their products. The Spa at The Post Oak is located in the 250-room Post Oak Hotel, which has the unique distinction of being the only Forbes Travel Guide Five-Star hotel and spa in the state. The hotel's meeting and event space includes the 16,000-square-foot Grand Ballroom, which can accommodate nearly 1,700 guests for a reception. More intimate spaces are available as well.

MAKE AN ESCAPE OF IT

A serene hideaway set on 125 acres on Medina Mountain in Texas Hill Country, **Escondida** is located 14 miles from the Guadalupe River in Kerrville. The story behind the retreat is just as compelling as the beauty that surrounds it. One version is that it was built by a couple who fell in love after being raised in separate Mexican villages. Another is that it was an actual

hideaway for a Chicagoan in the witness protection program after providing incriminating evidence against crime boss Sam Gioncanna. Whatever its history, your team will be treated to an ultra-private escape from the everyday. Your guests can enjoy a massage or facial (including the opulent Pevonia Caviar Facial) in the spa, relax in the pool or hot tub, and explore the wild-life and wildness of the surrounding rolling hills. Escondida offers 11 rooms, including the Owner's Retreat, a private wing of the original hacienda that features a full kitchen, private patio, and living/dining area. Escondida does not serve alcohol, but guests may bring their own to enjoy. **m+e**

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